



September 2016 News

A monthly newsletter to keep you informed.

A Note from the Executive Director

It's hard to believe that Summer is drawing to a close and Fall is just around the corner. As we send our kids off to school and prepare for the cooler months, I urge you to think of those who are in need. Arundel House of Hope is busily preparing for the opening of Winter Relief in October as well as in expanding our other programs including our Family Program and Literacy Program. We have made some changes over the past few months as you will read below and we are excited to head into the Fall with a renewed energy and purpose to fulfill our mission of ending homelessness.



It is with sadness, that I announce the passing of our Fouse Center resident manager, James Yates. James was admitted to our transitional housing program in June, 2015. He flourished in this program, recognizing his desire to reintegrate into society and was quickly promoted to Resident Manager in March, 2016. In addition to his role at the Fouse Center, James was also an active staff member in our Community Recovery Center. James had a great personality, a warm heart, and a zest for life. Please keep his family in your prayers as they mourn his loss. We are collecting donations on behalf of the family. If you would like to donate, please contact me at 410-863-4888 or mberninzoni@arundelhoh.org.

There will be a memorial service on **September 17, 2016** at Perfecting Prayer and Praise Ministries located at 150 Blades Lane, Glen Burnie, MD 21060 at 10am. All are welcome.

Program Updates

Winter Relief:

Our 25th season of Winter Relief is upon us and as we prepare for the coldest months of the year, we must also say goodbye to its current Program Director, Karen Biagotti. As many of you know, Karen has put in countless hours towards this and other programs, has established a rapport with our clients and volunteers and has been a dedicated, committed member of the Arundel House of Hope team. We would like to congratulate Karen on her new position with Anne Arundel County continuing to make efforts towards ending homelessness. While we are sad to see her go, we thank Karen for all of her efforts and wish her well on her new endeavors. As Karen transitions into her new position, Phil Bailey will act as the interim Program Director for Winter Relief. Please feel free to extend well wishes to Karen in person or via email before she celebrates her last day with AHOH on September 23, 2016.

Our Winter Relief kick off meeting will be held on Tuesday, September 20, 2016 at Trinity United Methodist Church located at 1300 West Street in Annapolis at 7pm. Dessert and refreshments will be served.

Community Recovery Center:

As we wished Program Director, Terri Alexander, a fond farewell and the best of luck in her new endeavors, we welcomed Brianne Adams, CSC-AD, former Director of Support Services, to Terri's role as the CRC Director as well as the new role of Associate Director of Arundel House of Hope. In addition, we introduced Celeste Graham as our CRC Coordinator and Earned Benefits primary case worker. We implemented nine new groups in July including a new recovery bible study, new NA and AA meetings, a light exercise/stretch class and an Anne Arundel County Health Department sponsored medically assisted recovery support group, the first of its kind in this county. In July alone, the CRC increased its number of participants by over 30 percent or 550 visits from June. The CRC provided over 1,550 services in July, 2016 alone. In June and July, fifteen individuals were placed in detox or treatment centers by our peer support specialist, Larry Graves. The CRC would like to extend a warm welcome to Leonard Wood, a new peer support specialist at the Anne Arundel County Department of Health. The Center will have the pleasure of his services two days a week.

Medical Clinic:

As we prepare for the start of the Fall season, we are pleased to announce the addition of two new nurse practitioners to our volunteer medical team! In addition, we are gearing up for our **4th annual Health Fair on September 29, 2016 from 9am-1pm**. Once again, flu shots, blood pressure readings, and an array of community resources will be offered. Also, in honor of Yoga Awareness Month, we are excited to have Mountain Yoga come to our CRC to teach us some yoga basics. And, in honor of Suicide Prevention Day, NAMI and Empowering Minds will be hosting a workshop on mental health and suicide prevention. We are looking forward to offering additional workshops at the CRC in the future! The medical clinic is always in need of volunteers. If you, or someone you know, is interested in volunteering at the clinic, please contact Asia Wood at 410-863-4888 or awood@arundelhoh.org.

Sylvia Meisenberg Literacy Program:

The Literacy Program plans to begin a new season on October 10, 2016. We will continue to offer core literacy groups in the following areas: 1) Reading Development & Enhancement, 2) Life skills, 3) Employment Skills Development and 4) Computer Skills. These will be offered in small groups with the option of our clients receiving one on one assistance. We are also providing assistance with our clients obtaining his/her GED through Anne Arundel Community College. Clients are able to register through Arundel House of Hope and also receive support and assistance while attending classes through Adult Basic Education. The GED program at the college offers assessment, classes and testing.

Family Program:

The Family Program continues to provide support and housing for three families. Thanks to a new grant we received, we will be able to offer services and housing to three additional families by the end of the year. This will bring our capacity to six families within the program.

We are pleased to announce that Christine Davenport has joined our staff as the leader of our after-school program. Christine brings over thirty five years of experience working in Anne Arundel County Schools as both teacher and administrator. We are seeking additional volunteer help to work with Christine as she offers help and support to our

children. After-school hours follow the school year hours and that program operates Monday through Thursday 3:30-5:30pm.

Starting in October, we will participate with the Anne Arundel County Health Department and other recovery providers in offering the Strengthening Families Program, a nationwide program that offers training to build parenting skills and family stability. This program will be offered in our Community Recovery Center.

If you wish to volunteer in any capacity with the Family Program, please contact Phil Bailey at 410-863-4888 or bailey@arundelhoh.org.

Fundraising update:

Arundel House of Hope would like to thank the Catholic Campaign for Human Development (CCHD) for its recent grant award of \$15,000 in local funds as well as \$15,000 in national funds. This money will go towards funding our community organizer position, a position that focuses on our community outreach efforts, creating a public awareness of homelessness and poverty, the need we are addressing and the solutions we have for ending homelessness and poverty in our county. We would also like to thank Carefirst for its recent grant award of \$30,000. This money will go towards maintaining and improving our free medical clinic. We are humbled and grateful for the support of these neighboring organizations.

We are currently planning for our 11th annual Bid for Hope Live and Silent Auction which will be held **Sunday, February 12, 2017** at La Fontaine Bleue in Glen Burnie. Stay tuned for additional details via email and social media. We hope to see you all there!



JOIN THE VOICES
FOR RECOVERY:
OUR FAMILIES,
OUR STORIES,
OUR RECOVERY!



5th Annual Annapolis Recovery Walk

A FREE event!

September 25th, 2016
Registration at 12pm
Walk kicks off at 1pm

92 West Washington Street, Annapolis MD 21403
(Stanton Center)

Celebrating RECOVERY, FAMILY and UNITY!!

Please join us in beautiful downtown Annapolis helping us to
celebrate our 5th year of recognizing RECOVERY and Unity in the
Community! Family friendly w/ Kid Zone this year!!
Local speakers, Community Leaders, resource tables, food and beverages.

For more information, contact us at:

annapolisrecoverywalk@gmail.com

www.recoveryannearundel.org or find us on

Facebook @ <https://www.facebook.com/Annapolis-Recovery-Walk>

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