

## Community Recovery Center (CRC) | Recovery Starts

*Get Connected. Stay Engaged. Sustain Recovery.*

ARUNDEL HOUSE OF HOPE (AHOH)  
COMMUNITY RECOVERY CENTER  
PROGRAM SUPPORTED IN PART BY  
ANNE ARUNDEL COUNTY  
DEPARTMENT OF HEALTH

514 N. Crain Highway, Suite B  
Glen Burnie, MD 21061

Phone: 410-863-4888

### Monday

### Cookies Tuesday



### Starbucks Wednesday



### Wawa Thursday



### Starbucks Friday



### Free Saturday

### Refreshing Sunday

**5** Open Literacy  
Hours  
11 am —12 pm  
GED PREP  
1—2 pm  
MDRN Services 1-3  
Recovery Movies 3-5  
Laundry Hours  
9 am—4:00 pm

**12** Open Literacy  
Hours  
11 am —12 pm  
GED PREP  
1—2 pm  
MDRN Services 1-3  
Recovery Movies 3-5  
Laundry Hours  
9 am—4:00 pm

**19** Open Literacy  
Hours  
11 am —12 pm  
GED PREP  
1—2 pm  
MDRN Services 1-3  
Recovery Movies 3-5  
Laundry Hours  
9 am—4:00 pm

**26** Open Literacy  
Hours  
11 am —12 pm  
GED PREP  
1—2 pm  
MDRN Services 1-3  
Recovery Movies 3-5  
Laundry Hours  
9 am—4:00 pm

**6** Cookies &  
Conversation  
10:30 —11:30 am  
AA meeting:  
Green Mile U-Turn  
1—2 pm  
Men's Rap Recovery  
Group 2-3  
**St. Christopher's  
Dinner 5—6 pm-  
"Summer Relief"**

**13** Cookies &  
Conversation  
10:30 —11:30 am  
AA meeting:  
Green Mile U-Turn  
1—2 pm  
Men's Rap Recovery  
Group 2-3  
**St. Christopher's  
Dinner 5—6 pm-  
"Summer Relief"**

**20** Cookies &  
Conversation  
10:30 —11:30 am  
AA meeting:  
Green Mile U-Turn  
1—2 pm  
Men's Rap Recovery  
Group 2-3  
**St. Christopher's  
Dinner 5—6 pm-  
"Summer Relief"**

**27** Cookies &  
Conversation  
10:30 —11:30 am  
AA meeting:  
Green Mile U-Turn  
1—2 pm  
Men's Rap Recovery  
Group 2-3

**7** 9-10 "Just for  
today" NA  
10-11 Recovery  
Bible  
11-12 **MARS**  
Medically assisted  
recovery support  
group  
"Bodies in Motion"  
Stretch and Exer-  
cise 1:00 pm-2:00

**14** —  
9-10 "Just for today"  
NA  
10-11 Recovery Bi-  
ble  
11-12 **MARS** Medi-  
cally assisted recov-  
ery support group  
"Bodies in Motion"  
Stretch and Exer-  
cise 1:00 pm-2:00

**21** 9-10 "Just for  
today" NA  
10-11 Recovery Bi-  
ble  
11-12 **MARS** Medi-  
cally assisted recov-  
ery support group  
"Bodies in Motion"  
Stretch and Exercise  
1:00 pm-2:00  
2-4 Closed- AHOH  
meeting

**28** 9-10 "Just for  
today" NA  
10-11 Recovery Bi-  
ble  
11-12 **MARS** Medi-  
cally assisted recov-  
ery support group  
"Bodies in Motion"  
Stretch and Exercise  
1:00 pm-2:00

**1.** 2 Step Meeting  
10—11 am  
MDRN Services  
1—3 pm  
Laundry Hours  
11:15 am—4:00pm  
**St. Christopher's  
Dinner 5—6 pm-  
"Summer Relief"**

**8** 10-12 NAMI and  
empowering minds  
present "Suicide  
preventions"  
MDRN Services  
1—3 pm  
Laundry Hours  
1:00 pm—4:00pm

**15** 12 Step Meeting  
10—11 am  
MDRN Services  
1—3 pm  
Laundry Hours  
11:15 am—4:00pm

**22** 2 Step Meeting  
10—11 am  
MDRN Services  
1—3 pm  
Laundry Hours  
11:15 am—4:00pm

**29** AHOH HEALTH  
FAIR- All ARE  
WELCOME. 9am-  
2:00 pm  
Lunch provided by the  
Cummins group at  
12:00  
**St. Christopher's  
Dinner 5—6 pm-  
"Summer Relief"**

**2.** Recovery Bible  
11 am —12 pm  
AA meeting:  
Green Mile U-Turn  
1—2 pm

**9** Recovery Bible  
11 am —12 pm  
AA meeting:  
Green Mile U-Turn  
1—2 pm

**16** Recovery Bi-  
ble  
11 am —12 pm  
AA meeting:  
Green Mile U-Turn  
1—2 pm

**23** Recovery Bible  
11 am —12 pm  
AA meeting:  
Green Mile U-Turn  
1—2 pm

**30** Recovery Bible  
11 am —12 pm  
AA meeting:  
Green Mile U-Turn  
1—2 pm

**3** Recovery  
Movies  
Laundry Hours  
10:45 am—  
330 pm  
**Holy Cross  
Lunch 11 AM  
@ CRC**

**10** Recovery  
Movies  
Laundry Hours  
10:45 am—  
330 pm

**17** Recovery Mov-  
ies  
Laundry Hours  
10:45 am—  
330 pm

**24** Recovery  
Movies  
Laundry Hours  
10:45 am—  
330 pm

**NOTES:**  
\* All meet-  
ings are  
subject to  
change.  
\* The CRC is  
closed  
weekdays  
12-1 for  
lunch.

**4.** AA meet-  
ing:  
10 am —12pm

Recovery  
Bible Study  
1—2:30 pm

**11** AA  
meeting:  
Agape  
10 am —12pm

Recovery  
Bible Study  
1—2:30 pm

**18** AA  
meeting:  
Agape  
10 am —12pm

Recovery  
Bible Study  
1—2:30 pm

**25** AA  
meeting:  
Agape  
10 am —12pm

Recovery  
Bible Study  
1—2:30 pm